



The 2007 RIGPE DORJE WINTER PROGRAM

THIRD of the Five-Year Program of Integrated Study and Meditation

P.O. Box 11015, Jagadol, Ward Kopan, Kathmandu, Nepal

Tel: +977 (1) 4820196; Fax: +977 (1) 4820190;

Email: pullahari@jamgonkongtrul.org / kongtrul@mos.com.np

JANUARY 10th to MARCH 13th

All students are required to attend the Main Teachings and at least one Tibetan Language & Scriptures class.

MAIN TEACHINGS

Teacher: Drupon Khenpo Lodro Namgial / English Translator: Jim Scott

Chandrakirti's "Entrance to the Middle Way"

Based on 8th Karmapa Mikyo Dorje's commentary, "The Chariot of the Dapgo Kagyu Siddhas"

Chandrakirti's "Entrance to the Middle Way" belongs to the Prasangika tradition. Learned masters of both the Indian and Tibetan Buddhist traditions acclaim this text as an authoritative expression of the Rangtong view and it is therefore always included in any serious curriculum of Dharma studies, both in earlier times and today.

Rangtong eliminates the extreme of nihilism by describing apparent reality as consisting of interdependently originated appearances. It eliminates the extreme of eternalism by presenting the abiding nature of these appearances as being emptiness. The union of these two is thus free from both extremes.

TIBETAN LANGUAGE & SCRIPTURAL CLASSES

In the Intermediate and Advanced classes, weekly discussions will be organised and questions arising will be addressed to Drupon Khenpo at the weekly question and answer session during the Main Teachings period.

BEGINNERS LEVEL – Emphasis: Alphabet and reading skills, foundations of grammar, some basic colloquial Tibetan language. **Medium of Instruction:** Tibetan and English. **Prerequisites:** None, but basic knowledge of Tibetan alphabet will be extremely helpful. **Requirement:** All students are also required to enrol in the Intermediate or one of the Advanced classes.

INTERMEDIATE LEVEL – Text: Treasury of Knowledge, Chapter 7 "Gaining Certainty about the View". **Emphasis:** Building vocabulary and recognition of sentence structure elements. Basic study of Dharma principles through translation of text. **Medium of Instruction:** This class is conducted in English mainly. **Prerequisites:** Ability to read Tibetan. For students who cannot read Tibetan, concurrent enrolment in the Beginners Tibetan language class is required. **Auditory non-participating status:** Students who cannot meet the prerequisites but wish to join the class may request permission for auditory non-participating status from the instructor.

ADVANCED LEVEL – Text: Chandrakirti's "Entrance to the Middle Way". **Emphasis:** Developing skill in understanding oral Tibetan in Dharma context through translation of classical written Tibetan text and immersion in oral teachings in Tibetan. **Medium of Instruction:** This class is conducted exclusively in Tibetan, without translation. **Prerequisites:** Tibetan language proficiency required. Advanced reading ability, ability to translate classical written Tibetan, and some understanding of oral Tibetan are necessary. **Auditory non-participating status:** Unavailable for this class.

ADVANCED LEVEL ROOT TEXT CLASS – Texts: 1) Chandrakirti's "Entrance to the Middle Way" and 2) Mikyo Dorje's "Chariot of the Dapgo Kagyu Siddhas" (Tib: *dags brgyud sktrub pa'i shing rta*). **Emphasis:** Advanced level classical written Tibetan translation course based on root text from the main Dharma teachings. In-depth analysis of the root text and subjects studied in the main teachings. **Prerequisites:** Tibetan Language Proficiency required. Advanced reading ability, some knowledge of classical Tibetan vocabulary, and some ability to translate basic classical written Tibetan are necessary. **Medium of Instruction:** This class is conducted in English mainly. **Auditory non-participating status:** Students who cannot meet the prerequisites but wish to join the class may request permission for auditory non-participating status from the instructor.

ADVANCED LEVELS REFERENCE BOOK: *The Moon of Wisdom* - Chapter 6 of Chandrakirti's *Entering the Middle Way* with commentary from the Eighth Karmapa, published by Snow Lion.

2007 WINTER PROGRAM GENERAL INFORMATION

DAILY SCHEDULES		
9:00 – 11:00	Main Teachings	
11:30 – 1:00	Beginning Tibetan Language	Advanced Classical Tibetan (Root Text)
3:00 – 4:30	Advanced Tibetan Language	Intermediate Classical Tibetan

Classes are held six days per week. Schedules, class topics, and availability are subject to change without notice.

Main Teachings are conducted in Tibetan with English translation. Attendance is required at all the Main Teachings for all students. In addition to class time, students should arrange individual time for reflection and meditation on the teachings.

Tibetan Language and Scriptures classes are conducted in English, Tibetan, or both, as specified in the individual class descriptions indicated in the program outline. Intermediate and advanced classes require extensive study, including required homework, and examinations. While students may elect to more than one class, it is recommended that students (except beginners) choose one, in order to have sufficient time to complete required coursework properly. Non-participating auditory status is available for certain classes, as indicated in the individual class descriptions below, and only for students who cannot meet class prerequisites, but wish to attend class.

During the first week, students may attend multiple classes in order select class(es) for enrolment. Upon enrolment, attendance is required and change of class(es) is NOT permitted. Students may be assigned to non-participating auditory status or not allowed to rejoin a class after frequent or extended absence in excess of three continuous class days, as it is disruptive to the flow of instruction.

Prior year recordings of teachings and in-depth root text study class for prior years of the five year program are available for purchase by students enrolled in the programs.

Certification of completion for the five-year winter study program requires 75 percent attendance of the Main Teachings overall. The certificates will include a listing of language and translation classes completed. Completion of language and translation classes requires 75 percent attendance and satisfactory performance on the respective final examinations administered annually. The Certificates do not specify students' level of accomplishment and do not reflect whether the student is able to teach the course material.

Orientation of students will be conducted on the first day of the winter study program. Students will receive an orientation talk concerning the programs and about the activities of His Eminence Jamgon Kongtrul Rinpoche in general and at Pullahari Monastery.

Personal interviews with Drupon Khenpo Lodro Namgyal may be arranged on request through the General Office.



The 2007 RIGPE DORJE MEDITATION PROGRAM

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MARCH 20th to MARCH 30th

VIPASSANA MEDITATION PROGRAM

Teacher & Guide: Drupon Khenpo Lodro Namgial

English Translator: Jim Scott

The 2007 meditation program focuses on Analytical Meditation related to mind training in loving-kindness and compassion from the perspective of the equality of self and others, and transforming cherishing of oneself to cherishing others.

DAILY SCHEDULE

Students are required to attend all the teachings and practice sessions of program

March 20 th	07.00 – 07.45 am	Breakfast
	10.00 – 11.30 am	Teachings
	12.30 – 01.30 pm	Lunch
	02.00 – 04.30 pm	Teachings
	04.30 – 05.00 pm	Afternoon Tea
	05.00 – 06.00 pm	Group Meditation
	06.10 – 07.30 pm	Dinner
	07.30 – 08.30 pm	Individual Meditation
March 21st to March 29th	06.00 am	Wake up Gong
	06.30 – 07.00 am	Individual Meditation in own room
	07.00 – 08.00 am	Breakfast
	08.15 – 09.30 am	Group Meditation
	09.40 – 10.00 am	Morning Tea
	10.15 – 12.00 pm	Teachings
	12.30 – 01.30 pm	Lunch
	02.00 – 03.15 pm	Individual Meditation
	03.15 – 04.00 pm	Afternoon Tea
	04.00 – 05.30 pm	Teachings
	05.30 – 06.00 pm	Group Meditation
	06.15 – 07.15 pm	Dinner
07.30 – 08.30 pm	Individual Meditation	
March 30 th	07.00 – 07.45 am	Breakfast
	08.00 – 09.30 am	Group Meditation
	09.35 – 10.10 am	Morning Tea
	10.15 – 11.45 am	Summary of Teachings
	11.45 – 12.15 pm	Closing Ceremony



The 2007 RIGPE DORJE NGONDRO PROGRAM

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MARCH 30th to APRIL 4th

Students are required to attend all the instructions

NGONDRO PROGRAM

Teacher: Drupon Khenpo Lodro Namgyal

English Translator: Jim Scott

Instructions on the NGONDRO Mandala and Guru Yoga Practices

This program is aimed at students who wish to complete the ngondro practices to be eligible to enrol for the 2009 Rigpe Dorje Program

USEFUL INFORMATION

ENTRY VISAS FOR NEPAL

View information on H.M. Ministry of Home's Department of Immigration website

<http://www.immi.gov.np>

TRAVEL ADVICE TO NEPAL

Check with your embassies or consulates and with us. You can also look up the website

[http:// www.nepaltraveladvice.com](http://www.nepaltraveladvice.com)

TAXIS

Airport 24 Hours Pre-Paid Taxi Service

Rs.700 to Pullahari Monastery ("Phulari-Gumpa")

From Boudha Stupa

Taxis available at main gate of Boudha Stupa

Rs.300 to 350 one way

DIRECTIONS TO PULLAHARI

Go from **Boudhanath** to **Jorpati** towards the **Gokarna Shiva Mandir** (an old Hindu Temple). Just before the Shiva Mandir, take the road left leading up to the pine forest. Keeping to the left, go straight on passing the pine forest and travel along for about 10 minutes until you come to **Shree Jana Jagriti Lower Secondary School**. Take the sharp turn left. You are on the road up to Pullahari Monastery.

Pullahari is about 40 minutes by car from the airport and 30 minutes from Boudhanath. It is about an hour by foot from the Boudha Stupa.

AIRPORT TAX ON EXIT

Information is subject to change.

Rs.1,356 to India and Rs.1,695 to all other foreign destinations.

REGISTRATION WITH YOUR EMBASSY

Students are encouraged to register at their embassies or consulates.



ANANDA SANGH

Pullahari Monastery, Jagdol, Ward Kopan

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Email: pullahari@jamgonkongtrul.org / kongtrul@mos.com.np

Website: www.jamgonkongtrul.org

REGISTRATION: 2007 RIGPE DORJE PROGRAMME

Please return by email or fax. Your registration will be confirmed upon receipt of the registration fee.

NAME: _____ AGE: _____ SEX: _____

CONTACT ADDRESS / EMAIL: _____ / _____

1. **I wish to attend (X)**

() The **Winter** Program: Jan 10th to Mar 13th

() The **Meditation** Program: Mar 20th to Mar 30th

() The **Ngondro** Program: Mar 30th to Apr 4th

2. **Arrival: I am arriving Pullahari: () before 1pm / () after 6pm. Date: _____**

a. **By () Road / () Air: Airline / Flt No. / ETA _____**

b. **Transport on arrival from Airport to Pullahari: () Required / () Not Required**

Cost will be borne by passenger(s). We will try to group students coming in on the same flight together.

3. **Departure: I am leaving () before 1pm / () after 6pm. Date: _____**

4 **I wish to stay in a** () Single room US\$10 per day () Single room with bath US\$15 per day
() Double room* US\$16 per day () Double room with bath* US\$24 per day

* **I am sharing Double Room with: _____**

The cost inclusive of breakfast, lunch, dinner, morning and afternoon tea

◆ *Vegetarian meals* ◆ *Hot water showers* ◆ *Beddings and linens provided.*

◆ *You are advised to bring a torchlight, and warm sleeping bag and hot water bottle in the winter.*

5. **I am enclosing (X) (Payment in equivalent Nepali Rupees and other major currencies are also accepted).**

() **Non-refundable** Registration Fee **US\$30.00**

() Tibetan Language & Scriptures Class (US\$100/month, class materials not included)

() Full Board and Lodging

() **Program Fee US\$80/month (Non-Residents only)**

() General Donation to Pullahari Monastery (optional)

TOTAL ENCLOSED: _____

No charges for Teachings. The traditional practice of personal offerings to teachers and translators are encouraged. (Because of bank charges, personal offerings by cheque of below US\$30 is not practical.)

PAYMENT - by CHEQUE

Pay to: "ANANDA SANGH a/c# 18-0138622-01"

Mail to: Pullahari Monastery, P.O. Box 11015, Kathmandu, Nepal

- by WIRE TRANSFER

Account Name: ANANDA SANGH

Account No.: 18-0138622-01

Bank: Standard Chartered Bank Nepal Limited

Kantipath Branch, Kathmandu, Nepal

TT Swift Code: SCBL NPKA