

# PUJAS AT PULLAHARI MONASTERY

## Timetable of Daily & Monthly Pujas



### DAILY PUJAS

7am – 8am	Green Tara & Medicine Buddha sadhanas, Guru Rinpoche prayers for dispelling obstacles ( <i>Bar Che Lam Sal</i> ) and fulfilling wishes ( <i>Sam Pa Lhun Drup</i> ), the <i>Riwo Sang Choe</i> smoke puja, and Buddha Amitayus long life prayer & recitation of the mantra.
4pm – 5pm	Mahakala Puja
7pm – 7.30pm	Devotional Practices: Guru Yoga of the Third Jamgon Kongtrul, the prayer of <i>Calling the Lama from Afar</i> , the King of Aspiration prayer ( <i>Sang Choe Monlam</i> ), and the Aspiration Prayer for Rebirth in Sukhavati (Amitabha Monlam).

### MONTHLY PUJAS (Half-day)

Tibetan 8 <sup>th</sup> Day	Red Chenrezig Puja [Tib: <i>Gyalwa Gyatso</i> ]
Tibetan 9 <sup>th</sup> Day	Six-Armed Mahakala Puja [Tib: <i>Chak Drug Pa</i> ]
Tibetan 10 <sup>th</sup> Day	Guru Rinpoche Puja of the “Profound Gathering of the Jewels” [Tib: <i>Kon Chok Chin Du</i> ]
Tibetan 13 <sup>th</sup> Day	<i>Dutsi Trin Phung</i> Smoke Offering Puja
Tibetan 15 <sup>th</sup> Day	Chakrasamvara / Sixteen Arhats Puja
Tibetan 25 <sup>th</sup> Day	Vajrayogini Puja
Tibetan 29 <sup>th</sup> Day	<i>Kang Sol</i> Two-Armed Mahakala Puja
Tibetan 30 <sup>th</sup> Day	<i>Kun Rigs</i> / Karma Pakshi Puja

# PUJAS AT PULLAHARI MONASTERY

## Timetable of Annual Pujas

### **ANNUAL PUJAS – DRUB CHOE (Long & Intensive Sandhana Ritual Practices)**

Tibetan 1 <sup>st</sup> Lunar Month	Annual Monlam, Lamp Offerings, and Grand Changchok (10 days)
Tibetan 2 <sup>nd</sup> Lunar Month	The Six-Armed Mahakala Drub Chö (7 days)
Tibetan 3 <sup>rd</sup> Lunar Month	Gyalwa Gyamtso / Kalachakra / Hevajra Drub Chö (7 days) On the occasion of the Parinirvana Anniversary of the Third Jamgon Kongtrul
Tibetan 4 <sup>th</sup> Lunar Month	Kagyü Gurtso (The Kagyü Lineage Songs of Realisation) (5 days)
Tibetan 5 <sup>th</sup> Lunar Month	Vajrayogini Drub Chö (7 days)
Tibetan 6 <sup>th</sup> Lunar Month	Chakrasamvara Drub Chö (7 days)
Tibetan 7 <sup>th</sup> Lunar Month	Den Shi Yumka Drub Chö (7 days)
Tibetan 8 <sup>th</sup> Lunar Month	Pema Benza Drub Choe (Yongey Mingyur Dorje's Terma) (7 days)
Tibetan 9 <sup>th</sup> Lunar Month	Buddha Amitayus Drub Chö (7 days) In rejoice on the occasion of the birthday of H.E. Jamgon Kongtrul Rinpoche the Fourth
Tibetan 10 <sup>th</sup> Lunar Month	The Guru Yoga of the First Jamgon Kongtrul, Lodro Thaye (7 days)
Tibetan 11 <sup>th</sup> Lunar Month	<i>Drol Kar Ngö Drub Kun Tsol</i> (White Tara) Drub Chö (7 days)
Tibetan 12 <sup>th</sup> Lunar Month	Two-Armed Mahakala Drub Chö (Gu-Tor)

